

CAMP REGISTRATION

Child's Name: _____

Male _____ Female _____

Parent's Name: _____

Street: _____

City/State/Zip: _____

Date of Birth: _____ Age: _____

Home Phone: _____ Cell: _____

Alternate contact: _____

Alternate contact phone: _____

Child's Physician: _____

Physician Phone: _____

T-Shirt Size: _____ Medium _____ Large _____ XL _____ XXL

_____ Check enclosed for full amount - \$200 if registered by July 6, 2009.

After July 6, 2009 fee will be \$225. It is suggested that if payment is made after July 6 that it be made on the first day of camp at registration to ensure that your payment is received. All payments are due the first day of camp.

CONSENT AND LIABILITY WAIVER

Jeremiah Castille Foundation and XL Athletic Performance offers clients professionally supervised high level training in a low-risk controlled environment. In the event of injury due to client not following express instructions of the staff, I authorize Jeremiah Castille Foundation and XL Athletic Performance to contact emergency or other professional and qualified medical personnel. I understand these conditions and give my consent and/or permission for my child to participate in the Spain Park Combine 2009.

Parent /legal guardian signature:

Date: _____



Thanks to our Sponsors!

**Make Checks Payable to:
Jeremiah Castille Foundation**

**Please mail one registration form per child
(copies accepted) along with your payment to:**

**Jeremiah Castille Foundation
Post Office Box 382514
Birmingham, AL 35238-2514**

**Online Registration Available at
www.castillefoundation.org**

**For more information contact:
Barbara Blomeyer, 251-621-3375
or email us at
info@castillefoundation.org**

Jeremiah Castille Foundation And XL Athletic Performance

SPAIN PARK COMBINE 2009





SPAIN PARK COMBINE

Spain Park High School
July 13-15, 2009
5:00 p.m. – 8:00 p.m.
9th – 12th Grade

Benefiting Jeremiah Castille Foundation

XL Athletic Performance sports programs are committed to providing a fun, safe and skill-focused experience for grades 9 – 12. Our goal is to assist you in gaining a competitive edge by improving your athletic skills, speed, quickness, strength conditioning and nutrition. XL Athletic Performance Combine will provide you with the tools to succeed. Under the expert care of our coaches, participants will learn athletic skills and develop personally and socially by learning teamwork and building character and life skills through sports training. A Combine is a series of physical tests designed to measure an athlete's sports performance qualities. Speed, strength, agility, power, flexibility and health screening are some of the areas that are evaluated to determine an athlete's potential as a football player. Combines are historical and used from high school through professional league.

ATHLETIC COACHING

Jeremiah Castille

Jeremiah Castille played college football for the Alabama Crimson Tide and was on the last team coached by the legendary Bear Bryant. Castille played for Alabama from 1979-1982, recording a school record 16 interceptions and making the College Football All-American Team in 1982. Castille went on to play in six seasons in the NFL from 1983-1988 for the Buccaneers and Denver Broncos. Jeremiah is the founder and CEO of Jeremiah Castille Foundation. The work of the foundation is to invest, influence, impact and inspire lives so they will rebuild and restore generations.



Willie Smith III

Speed and Quickness
Coordinator

Willie Smith is a three time Olympian and a 1984 Olympic Gold Medalist. He is a certified NISAQ speed clinician and a National High School Athlete of the Year. Willie has worked with many leaders in speed development. He is one of the very best linear speed instructors today. Willie has trained over 2,000 athletes since 1991. He continues to share his experience with coaches and athletes in all sports.



COMBINE SKILLS TRAINING

- 40 yard dash
 - 5-10-5
- Vertical Jump
- Bench Press
- Height and Weight Measurement
- Broad Jump
- L-Cone

NFL PLAYER COACHES

Tim Castille,

Running Back, Arizona Cardinals

Simeon Castille,

Corner Back, Cincinnati Bengals

Andre Smith,

Offensive Lineman, Cincinnati Bengals

Rashad Johnson,

Safety, Arizona Cardinals

Tim Hightower,

Running Back, Arizona Cardinals

Antwan Odom,

Defensive End, Cincinnati Bengals

Stephen Spach,

Tight End, Arizona Cardinals

Lance Long,

Wide Receiver, Arizona Cardinals

Anthony Madison,

Corner Back, Pittsburgh Steelers

FORMER NFL PLAYER COACHES

Bobby Humphries, Running Back, Denver Broncos